

Dear Friends,

When I left home this morning, I wasn't sure what to put in my letter. I came to a T-Intersection and a young woman was pushing a stroller with her young son in it. I stopped to let her cross and she smiled and waved, and to my surprise her young son did the same. Their smile made my day and so I began to think about smiling.

I found a quote by Mother Teresa that says: "Let us always meet each other with a smile, for the smile is the beginning of love."

Then in Job 9:27 we read: "If I say, 'I will forget my complaint, I will change my expression, and smile.'" When we think of all the trials that Job went through, it is hard to imagine him being able to smile.

Another Bible verse from Proverbs 15:13 (ESV) says: "A glad heart makes a cheerful face....." I guess when our hearts are happy, then we smile.

Spike Milligan wrote a poem that makes us still smile today



Smile:

A Poem by Spike Milligan

Smiling is infectious,
you catch it like the flu,
when someone smiled at me today,
I started smiling too.

I passed around the corner
and someone saw my grin.
When he smiled I realized
I'd passed it on to him.

I thought about that smile,
then I realized its worth.
A single smile, just like mine
could travel round the earth.

So, if you feel a smile begin,
don't leave it undetected.
Let's start an epidemic quick,
and get the world infected!

It wasn't easy to find a Christian song about smiling, and then I came across this one that we used to sing in Sunday School.

[With Christ in the vessel - YouTube](#)

With Christ in my vessel,
I can smile at the storm,
Smile at the storm,
Smile at the storm.
With Christ in my vessel,
I can smile at the storm
Until He takes me home.

Sailing, sailing home.
Sailing, sailing hom.
With Christ in my vessel,
I can smile at the storm,
Until He takes me home.

My prayer is, that we will be able to smile even through the storms of life, knowing without a doubt, that Christ is with us always.

Let us also remember what Mother Teresa also said: "Let us always meet each other with a smile, for the smile is the beginning of love."

In Christian love,

Lyn

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