

Dear Friends,

At Wednesday Devotions we spoke about storms and difficulties in our lives and looked at the way the disciples woke Jesus from a deep sleep during a storm. He rose and calmed the storm but asked them why they were afraid, and where was there faith.

Some people seem to feel that Christians shouldn't experience storms in their lives, and I can remember saying to someone, and why not? For me it makes you stronger, we come to see that God is caring for us through that time, and we can walk alongside another person, experiencing similar difficulties. There are a couple of verses in 2 Corinthians 1:3-4 (The Message) that say:-

'3-4 What a wonderful God we have—he is the Father of our Lord Jesus Christ, the source of every mercy, and the one who so wonderfully comforts and strengthens us in our hardships and trials. And why does he do this? So that when others are troubled, needing our sympathy and encouragement, we can pass on to them this same help and comfort God has given us.'

I remembered a gospel song my sister and I used to sing as a duet and I hope you enjoy listening or just reading the words. The chorus says it all:

**But God hath promised strength for the day,  
Rest for the labour, light for the way,  
Grace for the trials, help from above,  
Unfailing kindness, undying love.**

My prayer is that you will find that promised strength for the day and above all, God's unfailing kindness and undying love, as you face your storms.

In Christian love,

Lyn

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[What God Hath Promised \(God Hath Not Promised Skies Always Blue\) - Bing video](#)

God hath not promised skies always blue  
Flower strewn pathways, all our lives through;  
God hath not promised sun without rain,  
Joy without sorrow, peace without pain.

Refrain:

But God hath promised strength for the day,  
Rest for the labour, light for the way,  
Grace for the trials, help from above,  
Unfailing kindness, undying love.

God hath not promised we shall not know  
Toil and temptations, trouble and woe;  
He hath not told us we shall not bear  
Many a burden, many a care.      Refrain:

God hath not promised smooth roads and wide,  
Swift, easy travel, needing no guide;  
Never a mountain, rocky and steep,  
Never a river turbid and deep.      Refrain: