

Dear Friends,

I have just spent a few days away at a Uniting Women in Ministry Retreat at Kincumber on the Central Coast. There has been plenty of time for rest and relaxation and to learn a few new creative activities. It is a place of peace and quietness and of beauty. A chance to sit and reflect on the beauty of God's creation.

The green lawns going down to the water reminded me of the 23rd Psalm and of some words from an old sacred song that says "Beside still waters He leadeth thee, His love will guard thee tenderly. Thy grief shall pass, thy doubt shall flee. Beside still waters He leadeth thee." Rather old English but when I change thee and thy to me and my, it makes is so much more personal.

I think I've put this link in before. I hope you enjoy it the second time.

The Lord's my shepherd, I'll not want;
He makes me lie in pastures green.
He leads me by the still, still waters,
His goodness restores my soul.

He guides my ways in righteousness,
And He anoints my head with oil,
And my cup, it overflows with joy,
I feast on His pure delights.

And though I walk the darkest path,
I will not fear the evil one,
For You are with me, and Your rod and staff
Are comfort I need to know

And I will trust in You alone,
Yes I will trust in You alone,
For Your endless mercy follows me,
Your goodness will lead me home.

Songwriters: Melody Green, Keith Green. For non-commercial use only.

[The Lord's My Shepherd - Stuart Townend - YouTube](#)

I have come home rested, refreshed and restored.

A Prayer

Lord, thank you for reminding us that you lead us beside those quiet places, you give us places to rest under shady trees, you restore our soul and you walk with us through all the ups and downs of our lives. We give you praise and thanksgiving for being our Lord, our Shepherd, and our Saviour. Amen.



Kincumber – St Joseph's Spirituality and Education Centre

In Christian Love and Service,

Lyn

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