



Have you ever felt small or insignificant and wondered what you could do to make a difference in this world of ours? We hear people say “well, what could I do?” We can do much more than we think we can! We can stand up for what is right, we can serve others, we can help someone who is in pain, we can walk alongside someone who is grieving. We can smile and make someone feel they’ve been noticed or seen. It is Springtime and I often notice smaller birds chasing larger birds away from their territory or nest. The little bird shows courage and is not put

off by something larger and it doesn’t give up the chase. We too can chase away some of the fears our family and friends feel, when they are confused and don’t know where they are, or where they are going, and sometimes they don’t even remember who they are anymore. A lot of people both young and old are feeling depressed and dispirited during these long days of lock-down and just wonder what is ahead for them. There are times in our everyday life whether at home or at work, where we need to show courage and to persevere when life gets hard, and to walk alongside others doing it tough. We are reminded, that we are never alone in all the ups and downs of life, because God goes with us.

Deuteronomy 31:6 “Be strong and courageous. Do not be afraid or terrified for the LORD your God goes with you; he will never leave you nor forsake you.”

I trust you enjoy this song, and for those who don’t have the internet the words are on the next page.

[👑 Be Not Afraid by John Michael Talbot with lyrics 👑 - Bing video](#)

The chorus says:

Be not afraid
I go before you always
Come follow me
And I will give you rest

May you be aware of God’s presence with you every moment of every day, and may the peace of God be with you now and always. Amen

Sending this with love and prayers.

Lyn Graham

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Be Not Afraid

You shall cross the barren desert
But you shall not die of thirst
You shall wander far in safety
Though you do not know the way
You shall speak your words in foreign lands
And all will understand
You shall see the face of God and live

Be not afraid
I go before you always
Come follow me
And I will give you rest

Blessed are your poor,
For the kingdom shall be theirs
Blessed are you that weep and mourn
For one day you shall laugh
And if wicked tongues insult and hate you
All because of me
Blessed, blessed are you

Be not afraid
I go before you always
Come follow me
And I will give you rest.

Songwriters: John Michael Talbot
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